



Hampshire County ASA

County Champions 1990

Men's	50m Freestyle	Mark Jones City of Southampton	24.83sec
	100 Freestyle	Mark Jones City of Southampton	53.81sec
	200m Freestyle	Andy Rolley Portsmouth Northsea	1.53.55sec
	400m Freestyle	Andy Rolley Portsmouth Northsea	3.56.76sec
	800m Freestyle	Andy Rolley Portsmouth Northsea	8.087.21sec
	1500m Freestyle	Andy Rolley Portsmouth Northsea	16.04.42sec
	50m Breast Stroke	M. Whittaker City of Southampton	32.21sec
	100m Breast Stroke	Mike Hooper Portsmouth Northsea	1.09.01sec
	200m Breast Stroke	Andy Rolley Portsmouth Northsea	2.25.54sec
	50m Backstroke	Gareth Williams Portsmouth Northsea	29.06sec
	100m Backstroke	Andy Rolley Portsmouth Northsea	59.33sec
	200m Backstroke	Andy Rolley Portsmouth Northsea	2.06.0? R
	50m Butterfly	Mark Jones City of Southampton	26.07sec
	100m Butterfly	Mike Hooper Portsmouth Northsea	58.09sec
	200m Butterfly	Mike Hooper Portsmouth Northsea	2.07.62sec
	200m Individual Medley	Andy Rolley Portsmouth Northsea	2.06.93sec
	400m Individual Medley	Andy Rolley Portsmouth Northsea	4.32.51sec
	400m Freestyle Club Team	Portsmouth Northsea "A"	3.55.79sec
	400m Medley Club Team	Portsmouth Northsea	4.03.43sec
Ladies	50m Freestyle	Jennifer Waite Andover	27.59secx
	100M Freestyle	Jennifer Waite Andover	59.77sec
	200m Freestyle	Jennifer Waite Andover	2.07.41sec
	400m Freestyle	Lisa Sonn City of Southampton	4.28.74sec
	800m Freestyle	Lisa Sonn City of Southampton	9.16.52sec
	50m Breast Stroke	Michelle Young City of Southampton	35.54sec
	100m Breast Stroke	Michelle Young City of Southampton	1.16.09sec
	200m Breast Stroke	Hannah Goddard Portsmouth Northsea	2.42.50sec
	50m Backstroke	Rebecca Wilson Gosport Dolphins	32.36sec
	100m Backstroke	E. Hall Portsmouth Northsea	1.08.64sec
	200m Backstroke	Gillian Atkins Portsmouth Northsea	2.24.20sec
	50m Butterfly	Gillian Atkins Portsmouth Northsea	30.24sec
	100m Butterfly	G. Bennett Gosport Dolphins	1.06.35sec
	200m Butterfly	Jeannie Taylor Portsmouth Northsea	2.22.56sec
	200m Individual Medley	Gillian Atkins Portsmouth Northsea	2.23.93sec
	400m Individual Medley	Rowena Loveman City of Southampton	5.12.39sec
	400m Freestyle Club Team	City of Southampton "A"	4.10.63sec
	400m Medley Club Team	Portsmouth Northsea "A"	4.37.57sec



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Boys	50m Freestyle	Simon Abels Jersey	26.15sec
	100m Freestyle	Simon Abels Jersey	57.71sec
	200m Freestyle	Adrian Sadler City of Southampton	2.05.21sec
	440yds Freestyle	Adrian Sadler City of Southampton	4.21.35sec
	800m Freestyle	S. Price Portsmouth Northsea	9.05.80sec
	1500m Freestyle	S. Price Portsmouth Northsea	17.26.66sec
	50m Breast Stroke	James Moreno City of Southampton	32.95sec
	100m Breast Stroke	James Moreno City of Southampton	1.11.20sec
	200M Breast Stroke	James Moreno City of Southampton	2.33.01sec
	50m Backstroke	Fergus Anderson City of Southampton	30.39sec
	100m Backstroke	Fergus Anderson Portsmouth Northsea	1.05.43sec
	200m Backstroke	Alan Nancarrow Portsmouth Northsea	2.23.87sec
	50m Butterfly	Simon Abels Jersey	28.94sec
	100m Butterfly	Adrian Sadler City of Southampton	1.03.81sec
	200m Butterfly	Alan Nancarrow Portsmouth Northsea	2.26.23sec
	200m Individual Medley	Simon Abels Jersey	2.17.14sec
	400m Individual Medley	Phillip Melhuish Eastleigh Fleming Park	5.05.32sec
	200m Freestyle Club Team	City of Southampton	1.45.17sec
	200m Medley Club Team	City of Southampton "A"	1.56.59sec
Girls	50m Freestyle	Jennifer Waite Andover	27.69sec
	100m Freestyle	Jennifer Waite Andover	1.02.01sec
	200m Freestyle	Jennifer Waite Andover	2.07.77sec
	400m Freestyle	Lisa Sonn City of Southampton	4.28.74sec
	800m Freestyle	Lisa Sonn City of Southampton	9.16.52sec
	50m Breast Stroke	Helen Watts Beau Sejour	36.29sec
	100m Breast Stroke	Katie Goom Bournemouth Dolphins	1.18.64sec
	200m Breast Stroke	Kate Goom Bournemouth Dolphins	2.2.49.32sec
	50m Backstroke	Lynda Reid Fareham Nomads	1.07.72sec
	100m Backstroke	Lee Baldwin Portsmouth Northsea	1.10.34sec
	200m Backstroke	Lee Baldwin Portsmouth Northsea	2.27.30sec
	50m Butterfly	Lynda Reid Fareham Nomads	31.15sec
	100m Butterfly	Lynda Reid Fareham Nomads	32.69sec
	200m Butterfly	Lynda Reid Fareham Nomads	2.32.24sec
	200m Individual Medley	Lynda Reid Fareham Nomads	2.32.73sec
	400m Individual Medley	Lee Baldwin Portsmouth Northsea	5.23.11sec
	200m Freestyle Club Team	Fareham Nomads	1.58.81sec
	200m Medley Club Team	Fareham Nomads	2.11.81sec