



Hampshire County ASA

County Champions 1989

Men's	50m Freestyle	Simon Wellington Portsmouth Northsea	24.40sec
	100m Freestyle	Grant Robins Portsmouth Northsea	53.13sec
	200m Freestyle	Grant Robins Portsmouth Northsea	1.56.10sec
	440yds Freestyle	Grant Robins Portsmouth Northsea	4.02.03sec
	800m Freestyle	Grant Robins Portsmouth Northsea	8.12.09sec
	1500m Freestyle	Ryan Copping Portsmouth Northsea	17.29.87sec
	50m Breast Stroke	M. Whittaker City of Southampton	31.79sec
	100m Breast Stroke	M. Whittaker City of Southampton	1.08.36sec
	200m Breast Stroke	M Hooper Portsmouth Northsea	2.29.27sec
	50m Backstroke	M. Flint City of Southampton	29.60sec
	100m Backstroke	Grant Robins Portsmouth Northsea	59.40sec
	200m Backstroke	Grant Robins Portsmouth Northsea	2.11.22sec
	50m Butterfly	Mark Jones City of Southampton	26.08sec
	100m Butterfly	Mark Jones City of Southampton	59.04sec
	200m Butterfly	Grant Robins Portsmouth Northsea	2.08.73sec
	200m Individual Medley	Grant Robins Portsmouth Northsea	2.07.39sec
	400m Individual Medley	Grant Robins Portsmouth Northsea	4.28.18sec
	400m Freestyle Club Team	Portsmouth Northsea "A"	3.38.73sec
	400m Medley Club Team	Portsmouth Northsea "A"	4.03.86sec
	Ladies	50m Freestyle	Jennifer Waite Andover
100M Freestyle		Gillian Atkins Portsmouth Northsea	59.25sec
200m Freestyle		Madeleine Scarborough Portsmouth Northsea	2.08.84secs
400m Freestyle		Madeleine Scarborough Portsmouth Northsea	4.25.33sec
800m Freestyle		Lisa Sonn City of Southampton	9.05.31sec
50m Breast Stroke		Lorraine Coombs City of Southampton	33.79sec
100m Breast Stroke		Lorraine Coombs City of Southampton	1.12.05sec
200m Breast Stroke		Lorraine Coombs City of Southampton	2.40.67sec
50m Breast Stroke		Jo. Kelly City of Southampton	32.20sec
100m Backstroke		Madeleine Scarborough Portsmouth Northsea	1.07.55sec
200m Backstroke		Jo Kelly City of Southampton	2.23.65sec
50m Butterfly		Madeleine Scarborough Portsmouth Northsea	29.19sec
100m Butterfly		Madeleine Scarborough Portsmouth Northsea	1.03.06sec
200m Butterfly		Madeleine Scarborough Portsmouth Northsea	2.18.86sec
200m Individual Medley		Gillian Atkins Portsmouth Northsea	2.26.76sec
400m Individual Medley		Gillian Atkins Portsmouth Northsea	5.09.16sec
400m Freestyle Club Team		Portsmouth Northsea "A"	4.04.81sec
400m Medley Club Team		Portsmouth Northsea "A"	4.30.16sec



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Boys	50m Freestyle	M Watt Portsmouth Northsea	25.79sec
	100m Freestyle	M. Watt Portsmouth Northsea	55.37sec
	200m Freestyle	M Watt Portsmouth Northsea	1.59.53sec
	400m Freestyle	M Watt Portsmouth Northsea	4.17.70sec
	800m Freestyle	Ryan Copping Portsmouth Northsea	8.56.86sec
	1500m Freestyle	Ryan Copping Portsmouth Northsea	17.29.87sec
	50m Breast Stroke	C. Andrews Bournemouth Dolphins	32.79sec
	100m Breast Stroke	S. Abels Jersey	1.12.17sec
	200M Breast Stroke	S. Abels Jersey	2.36.23sec
	50m Backstroke	F. Anderson C.S./M Watt P.N.	30.45sec
	100m Backstroke	M. Watt Portsmouth Northsea	1.04.90sec
	200m Backstroke	N. Skinner Portsmouth Northsea	2.17.96sec
	50m Butterfly	Justin Whitbread Portsmouth Northsea	28.37sec
	100m Butterfly	Justin Whitbread Portsmouth Northsea	1.02.86sec
	200m Butterfly	Justin Whitbread Portsmouth Northsea	2.19.60sec
	200m Individual Medley	S. Abel Jersey	2.19.59sec
	400m Individual Medley	Ryan Copping Portsmouth Northsea	5.02.57sec
	200m Freestyle Club Team	Portsmouth Northsea	1.45.03sec
	200m Medley Club Team	City of Southampton "A"	1.58.09sec
	Girls	50m Freestyle	Jennifer Waite Andover
100m Freestyle		Jennifer Waite Andover	1.00.53sec
200m Freestyle		Lisa Sonn City of Southampton	2.10.35sec
400m Freestyle		Lisa Sonn City of Southampton	4.30.38sec
800m Freestyle		Lisa Sonn City of Southampton	9.05.31sec
50m Breast Stroke		G. Bennett Gosport Dolphins	36.82sec
100M Breast Stroke		J. Williamson City of Southampton	1.18.86-3sec
200M Breast Stroke		J. Williamson City of Southampton	2.48.80sec
50m Backstroke		Rebecca Wilson Gosport Dolphins	32.34sec
100m Backstroke		R. Wilson Gosport Dolphins	1.10.40sec
200m Backstroke		Rowena Love man	2.29.50sec
50 Butterfly		G. Bennett Gosport Dolphins	30.95sec
100m Butterfly		G. Bennett Gosport Dolphins	1.08.66sec
200m Butterfly		G. Bennett Gosport Dolphins	2.29.95sec
200m Individual Medley		Zoé Platt Portsmouth Northsea	2.30.02sec
400m Individual Medley		Rowena Loveman City of Southampton	5.10.38sec
200m Freestyle Team		Fareham Nomads "B"	1.57.51sec
200m Medley Club Team		City of Southampton "A"	2.11.67sec