

## Hampshire County ASA

## **County Champions 1984**

Men's	100m Freestyle	Ricky Burrell City of Southampton	53.20 R
	200m Freestyle	John Langdown City of Southampton	2.00.15sec
	440yds Freestyle	Grant Robins P.N./John Langdown CS	4.10.7sec
	800m Freestyle	John Langdown City of Southampton	8.36.23sec
	1500m Freestyle	John Langdown City of Southampton	16.41.57sec
	100m Breast Stroke	R. Wilkes Portsmouth Northsea	1.09.12sec
	220yds Breast Stroke	R. Wilkes Portsmouth Northsea	2.31.85sec
	100m Backstroke		
	200m Backstroke	Steve Harrison City of Southampton	2.13.89sec
	100m Butterfly	R. Burrell CS / D. Robinson PN	1.0048sec
	220yds Butterfly	I. Welch RR / K. Muddiman CS	2.11.53sec
	200m Individual Medley	Kevin Parfoot Portsmouth Northsea	2.13.50sec
	400m Freestyle Club Team	City of Southampton "A"	3.37.70sec
	400m Medley Club Team	City of Southampton "A"	4.09.35sec
	Springboard Diving	Chris Chandler City of Southampton	243.10pts
Ladies	100m Freestyle	Madeleine Scarborough Portsmouth Northsea	1.01.02sec
	200m Freestyle	T. Loveman City of Southampton	2.14.14sec
	400m Freestyle		
	800m Freestyle	S. Travis Portsmouth Northsea	9.31.72sec
	100m Breast Stroke	Claire Baggett Bournemouth Dolphins	1.17.22sec
	200m Breast Stroke	T. Loveman City of Southampton	2.45.90sec
	100m Backstroke		
	200m Backstroke	T. Loveman City of Southampton	2.28.15sec
	100m Butterfly	Gillian Atkins Portsmouth Northsea	1.08.61sec
	200m Butterfly	Karen Douse City of Southampton	2.29.01sec
	200m Individual Medley	T. Loveman City of Southampton	2.27.03 R
	400m Freestyle Club Team	City of Southampton "A"	4.12.98sec
	400m Medley Club Team	City of Southampton "A"	4.43.41sec
	Springboard Diving	Shelia Morrison City of Southampton	2241.40pts
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Boys	100m Freestyle	Grant Robins Portsmouth Northsea	58.13sec
	200m Freestyle	Grant Robins Portsmouth Northsea	2.03.81sec
	440yds Freestyle	Grant Robins Portsmouth Northsea	4.10.07sec
	800m Freestyle	Grant Robins Portsmouth Northsea	8.47.19sec
	1500m Freestyle	Grant Robins Portsmouth Northsea	17.12.87sec
	100m Breast Stroke	A. Baggett Bournemouth Dolphins	1.13.23sec
	220yds Breast Stroke	G. McCoy Portsmouth Northsea	2.39.83sec
	100m Backstroke		
	200m Backstroke	Grant Robins Portsmouth Northsea	2.21.50sec
	100m Butterfly	C. Wilson City of Southampton	1.03.81sec
	200m Butterfly	Grant Robins Portsmouth Northsea	2.19.85sec
	200m Individual Medley	Grant Robins Portsmouth Northsea	2.17.19 sec
	266.2/3yds Freestyle Club Team	Portsmouth Northsea "A"	2.17.40sec
	266.2/3m Medley Club Team		
	Springboard Diving	Chris Chandler City of Southampton	141.90pts
	•	Chris Chandler City of Southampton	141.90pts
Girls	•	Chris Chandler City of Southampton Emma Armstrong City of Southampton	141.90pts 1.02.62sec
Girls	Springboard Diving		
Girls	Springboard Diving 100m Freestyle	Emma Armstrong City of Southampton	1.02.62sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle	Emma Armstrong City of Southampton	1.02.62sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals	1.02.62sec 2.15.78sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea	1.02.62sec 2.15.78sec 9.31.72sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke 220yds Breast Stroke	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke 220yds Breast Stroke 100m Backstroke	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton C. Smith Eastleigh Fleming Park	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec 2.52.31sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke 220yds Breast Stroke 200m Backstroke 200m Backstroke	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton C. Smith Eastleigh Fleming Park Emma Armstrong City of Southampton	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec 2.52.31sec 2.27.34sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke 220yds Breast Stroke 100m Backstroke 200m Backstroke 100m Butterfly	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton C. Smith Eastleigh Fleming Park Emma Armstrong City of Southampton Gillian Atkins Portsmouth Northsea	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec 2.52.31sec 2.27.34sec 1.08.65sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke 220yds Breast Stroke 100m Backstroke 200m Backstroke 100m Butterfly 200m Butterfly	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton C. Smith Eastleigh Fleming Park Emma Armstrong City of Southampton Gillian Atkins Portsmouth Northsea Gillian Atkins Portsmouth Northsea	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec 2.52.31sec 2.27.34sec 1.08.65sec 2.34.21sec
Girls	Springboard Diving 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 100M Breast Stroke 220yds Breast Stroke 100m Backstroke 200m Backstroke 100m Butterfly 200m Butterfly 200m Individual Medley	Emma Armstrong City of Southampton Heather Sanderson Rushmoor Royals S. Travis Portsmouth Northsea A. Prout City of Southampton C. Smith Eastleigh Fleming Park Emma Armstrong City of Southampton Gillian Atkins Portsmouth Northsea Gillian Atkins Portsmouth Northsea Emma Armstrong City of Southampton	1.02.62sec 2.15.78sec 9.31.72sec 1.21.18sec 2.52.31sec 2.27.34sec 1.08.65sec 2.34.21sec 2.29.62sec