Hampshire County ASA

County Champions 1975

Men's	100yds Freestyle	Ray Terrell City of Southampton	51.9sec
	220m Freestyle	Gary Abraham City of Southampton	2.07.9sec
	440yds Freestyle	Ian Hughes City of Southampton	4.37.5sec
	880yds Freestyle	Ian Hughes City of Southampton	9.10.7sec
	1500m Freestyle	C. Clark City of Southampton	19.02.9sec
	100yds Breast Stroke	Malcolm O'Connell City of Southampton	1.03.0sec
	200m Breast Stroke	Malcolm O'Connell City of Southampton	2.35.8sec
	100yds Backstroke	Gary Abraham City of Southampton	55.9sec
	110yds Butterfly	M. Edward City of Southampton	1.01.1sec
	200yds Individual Medley	G. Lea City of Southampton	2.05.5sec
	4x110yds Freestyle Club Team	City of Southampton	4.00.0sec
	Diving	R. Dear City of Southampton	193.15pts
Ladies	100yds Freestyle	Debbie Hill Portsmouth Northsea	55.6sec
	220yds Freestyle	C. Edward City of Southampton	2.18.8sec
	110yds Breast Stroke	Helen Cox City of Southampton	1.19.6sec
	200yds Breast Stroke	Helen Cox City of Southampton	2.34.7sec
	100m Backstroke	J. Hardy Portsmouth Northsea	1.10.4sec
	100yds Butterfly	Debbie Hill Portsmouth Northsea	1.03.4sec
	200yds Individual Medley	Helen Cox City of Southampton	2.20.7sec
	Freestyle Club Team	Portsmouth Northsea	4.17.6sec
	Diving	A Garrett City of Southampton	104.40pts
Boys	100yds Freestyle	R. Burrell City of Southampton	51.5sec
	200M Freestyle	Gary Abraham City of Southampton	2.05.5sec
	100M Breast Stroke	R. Burrell City of Southampton	1.16.5sec
	100m Backstroke	Gary Abraham City of Southampton	1.01.4sec
	110yds Butterfly	C. Clark City of Southampton	1.05.2sec
	4 x 66.2/3yd Freestyle Club Team	City of Southampton.	2.17.6sec
	Diving	R. Dear City of Southampton	114.60pts
Girls	100m Freestyle	J. Hardy Portsmouth Northsea	1.05.4sec
	220yds |Freestyle	Debbie Hill Portsmouth Northsea	2.14.3sec
	100m Breast Stroke	A. Pollard Portsmouth Northsea	1.15.2sec
	100M Backstroke	J. Hardy Portsmouth Northsea	1.10.1sec
	100m Butterfly	Debbie Hill Portsmouth Northsea	1.10.0sec
	4x33.1/3M Freestyle Club Team	City of Southampton	2.49.5sec
	Diving	A. Garrett City of Southampton	103.50pts