

Hampshire County ASA

County Champions 1974

Men's	100m Freestyle	Malcolm O'Connell City of Southampton	57.7sec
	200yds Freestyle	Ian Hughes City of Southampton	2.07.8sec
	440yds Freestyle	Ian Hughes City of Southampton	4.32.3sec
	880yds Freestyle	Kevin Parfoot Portsmouth Northsea	10.31.7sec
	1 Mile	Kevin Parfoot Portsmouth Northsea	21.53.2sec
	100yds Breast Stroke	Malcolm O'Connell City of Southampton	1.02.2sec
	200yds Breast Stroke	Malcolm O'Connell City of Southampton	2.21.6sec
	100m Backstroke	Gary Abrahams City of Southampton	55.9
	100yds Butterfly	Gary Abraham City of Southampton	57.8 Sec
	266.2/3yds Individual Medley	Malcolm O'Connell City of Southampton	3.01.8
	4x100m Freestyle Club Team	City of Southampton	3.01.8sec
	Diving	R. Dear City of Southampton	
Ladies	100yds Freestyle	S. Doran Portsmouth Northsea	56.4 sec
	220yds Freestyle	Deborah Hill Portsmouth Northsea	2.17.8sec
	400m Freestyle	C. Edwards City of Southampton	4.52.3sec.
	100m Breast Stroke	Helen Cox City of Southampton	1.20.7sec
	200yds Breast Stroke	Helen Cox City of Southampton	2.33.4sec
	110yds Backstroke	J. Hardy Portsmouth Northsea	1.11.00sec
	100m Butterfly	S. Doran Portsmouth Northsea	1.10.6sec
	Freestyle Club Team	City of Southampton "A"	
	266.2/3yds Individual Medley	Judith Parry City of Southampton	3.23.1sec
	Diving	Brenda Cocker City of Southampton	
Boys	100yds Freestyle	I. Hughes City of Southampton	52.4sec
	220yds Freestyle	I. Hughes City of Southampton	2.07.8sec
	110yds Breast Stroke	D, Brown Portsmouth Northsea	1.19.5sec
	100yds Backstroke	Gary Abraham City of Southampton	57.3sec
	100yds Butterfly	Gary Abraham City of Southampton	57.5sec
	Freestyle Club Team	City of Southampton A	2.18.9sec
	Diving	M. Good City of Southampton	
Girls	100yds Freestyle	Debbie Hill Portsmouth Northsea	58.1sec
	200m Freestyle	Debbie Hill Portsmouth Northsea	2.18.8sec
	100m Breast Stroke	A. Pollard Portsmouth Northsea	1.24.2sec
	100yds Backstroke	Michelle Crook City of Southampton	1.04.06sec
	100yds Butterfly	Debbie Hill Portsmouth Northsea	1.04.07sec
	Freestyle Club Team	City of Southampton "A"	2.34.1
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