

ASA South East Region

Winter Championships 2014 – Qualifying Times

Male		Distance/Stroke	Female	
BASE QT	Automatic		Automatic	Base QT
(Consideration)	QT		QT	(Consideration)
25.80	24.40	50 Freestyle	27.60	28.95
56.20	53.30	100 Freestyle	59.40	1:02.10
2:02.50	1:57.00	200 Freestyle	2:08.10	2:13.70
4:22.00	4:10.00	400 Freestyle	4:32.20	4:42.20
No event		800 Freestyle	9:31.00	9:40.00
17:35.00	17:11.50	1500 Freestyle	No event	
34.60	31.20	50 Breaststroke	35.10	38.50
1:14.50	1:08.50	100 Breaststroke	1:15.40	1:22.50
2:42.00	2:29.10	200 Breaststroke	2:44.10	2:55.50
28.80	26.60	50 Butterfly	29.90	32.55
1:03.50	58.70	100 Butterfly	1:05.90	1:11.35
2:33.00	2:15.60	200 Butterfly	2:27.30	2:42.00
30.60	27.90	50 Backstroke	31.10	33.40
1:04.50	59.80	100 Backstroke	1:06.10	1:10.50
2:21.20	2:10.33	200 Backstroke	2:22.20	2:30.50
1:06.50	1:01.60	100 Individual Medley	1:08.60	1:13.10
2:21.40	2:13.00	200 Individual Medley	2:25.80	2:31.75
5:05.00	4:48.70	400 Individual Medley	5:13.20	5:26.00

All times must be recorded in a Licensed Meet since 1st January 2014.

All times are short course. Long course times must be converted using the Equivalent Performance Table published by the ASA.

Last updated: 7th October 2014.