



Open/Junior Short Course Championships 2021

IMPORTANT INFORMATION FOR SWIMMERS AND COACHES

This document contains important information and should be read carefully by all swimmers and coaches expecting to take part in the Region Short Course Swimming Championships.

Version 2: Parking guidance updated.

Version 3: QR code link to health questionnaire added.

Health

The health and safety of all people participating in this competition is a critical concern of the Region. The following procedures are MANDATORY,

All participants (including swimmers, coaches, officials and volunteers) must complete an online health questionnaire before midnight on Friday 5th November 2021. A list will be provided to people responsible for registration on Saturday morning.

Priority will be given to people who have completed the online health questionnaire. If you have not completed the form, you will be asked to stand aside until everyone who has correctly completed the form has been registered.



Use the QR code to access the health questionnaire (or visit swimmeets.org).

You must take a Lateral Flow Test on Saturday 6th November. In accordance with NHS guidelines, if you test positive, you must self-isolate and arrange a PCR test.

Arrival at Pool

Swimmers and coaches please note that you will not be able to gain access to the centre and to the changing rooms before 1pm on Saturday 6th November. You will have to register before going through to the changing village.

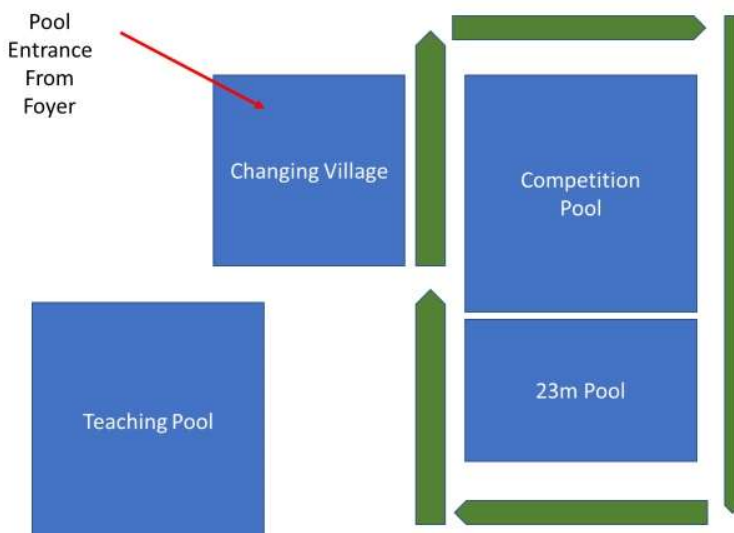
To manage overcrowding, some clubs will be asked to base themselves around the main pool or the teaching pool, others will be asked to base themselves in the gallery.

Warm-Up

There will be a 50 minute structured warm-up under the supervision of designated coaches in the competition pool prior to each session. The 23m end of the pool will be available for warm-up and swim down throughout the competition. **There is to be no diving into that pool at any time.**

Meet Organisation

Marshalling will take place around the teaching pool. There is a strict one-way system around the main pool. From the teaching pool, walk down to the starting blocks in front of the changing village. At all times walk around the pool as shown below.



Car Parking

There is a large Pay and Display car park at Winchester Leisure Centre which costs £8 for a full day. There is a public Park & Ride Car Park [East Winchester Park and Ride] within easy walking distance of the Leisure Centre which costs £3-50 for a full day. There are major road works outside Stagecoach Garage which causes long delays. Walking from the Long Stay Car Park avoids having to negotiate the road works.

