

# HCASA Development Competition 2019

## Programme of Events

Saturday June 29 <sup>th</sup> - Waterlooille	Sunday July 30 <sup>th</sup> - Waterlooille	Saturday July 6 <sup>th</sup> - Waterlooille
<b>Ages 9, 10, 13, 14</b>	<b>Ages 11, 12, 13, 14</b>	<b>Ages 9, 10, 11, 12</b>
<b>Session 1 – Warm-up: tbc First Event: tbc</b>	<b>Session 3 - Warm-up: tbc First Event: tbc</b>	<b>Session 5 - Warm-up: tbc First Event: tbc</b>
101: Girls 9/10 – 100m Breaststroke 102: Boys 9/10 – 200m Freestyle 103: Girls 13/14 – 100m Butterfly 104: Boys 13/14 – 200m Backstroke 105: Girls 9/10 – 50m Butterfly 106: Boys 9/10 – 50m Breaststroke 107: Girls 13/14 – 50m Breaststroke 108: Boys 13/14 – 50m Butterfly 109: Girls 9/10 – 200m Backstroke 110: Boys 9/10 – 100m Butterfly 111: Girls 13/14 – 200m Freestyle 112: Boys 13/14 – 200m Breaststroke 113: Girls 9/10 – 100m Ind Medley 114: Boys 13/14 – 100m Ind Medley	301: Boys 11/12 – 200m Backstroke 302: Girls 11/12 – 100m Butterfly 303: Boys 13/14 – 200m Freestyle 304: Girls 13/14 – 100m Breaststroke 305: Boys 11/12 – 50m Butterfly 306: Girls 11/12 – 50m Breaststroke 307: Boys 13/14 – 50m Breaststroke 308: Girls 13/14 – 50m Butterfly 309: Boys 11/12 – 100m Breaststroke 310: Girls 11/12 – 200m Freestyle 311: Boys 13/14 – 100m Butterfly 312: Girls 13/14 – 200m Backstroke 313: Boys 11/12 – 100m Ind Medley 314: Girls 13/14 – 100m Ind Medley	501: Boys 9/10 – 200m Backstroke 502: Girls 9/10 – 100m Butterfly 503: Boys 11/12 – 100m Butterfly 504: Girls 11/12 – 200m Backstroke 505: Boys 9/10 – 50m Butterfly 506: Girls 9/10 – 50m Breaststroke 507: Boys 11/12 – 50m Breaststroke 508: Girls 11/12 – 50m Butterfly 509: Boys 9/10 – 100m Breaststroke 510: Girls 9/10 – 200m Freestyle 511: Boys 11/12 – 200m Freestyle 512: Girls 11/12 – 100m Breaststroke 513: Boys 9/10 – 100m Ind Medley 514: Girls 11/12 – 100m Ind Medley
<b>Session 2 - Warm-up: tbc First Event: tbc</b>	<b>Session 4 – Warm-up: tbc First Event: tbc</b>	<b>Session 6 - Warm-up: tbc First Event: tbc</b>
201: Mixed 9/10 4x50m Medley Relay 202: Mixed 13/14 4x50m Freestyle Relay  203: Boys 9/10 – 200m Breaststroke 204: Girls 9/10 – 100m Freestyle 205: Boys 13/14 – 200m Butterfly 206: Girls 13/14 – 100m Backstroke 207: Boys 9/10 – 50m Freestyle 208: Girls 9/10 – 50m Backstroke 209: Boys 13/14 – 50m Backstroke 210: Girls 13/14 – 50m Freestyle 211: Boys 9/10 – 100m Backstroke 212: Girls 9/10 – 200m Butterfly 213: Boys 13/14 – 100m Freestyle 214: Girls 13/14 – 200m Breaststroke	401: Mixed 11/12 4x50m Freestyle Relay 402: Mixed 13/14 4x50m Medley Relay  403: Boys 11/12 – 200m Butterfly 404: Girls 11/12 – 100m Backstroke 405: Boys 13/14 – 200m Breaststroke 406: Girls 13/14 – 100m Freestyle 407: Boys 11/12 – 50m Backstroke 408: Girls 11/12 – 50m Freestyle 409: Boys 13/14 – 50m Freestyle 410: Girls 13/14 – 50m Backstroke 411: Boys 11/12 – 100m Freestyle 412: Girls 11/12 – 200m Breaststroke 413: Boys 13/14 – 100m Backstroke 414: Girls 13/14 – 200m Butterfly	601: Mixed 9/10 4x50m Freestyle Relay 602: Mixed 11/12 4x50m Medley Relay  603: Boys 9/10 – 200m Butterfly 604: Girls 9/10 – 100m Backstroke 605: Boys 11/12 – 200m Breaststroke 606: Girls 11/12 – 100m Freestyle 607: Boys 9/10 – 50m Backstroke 608: Girls 9/10 – 50m Freestyle 609: Boys 11/12 – 50m Freestyle 610: Girls 11/12 – 50m Backstroke 611: Boys 9/10 – 100m Freestyle 612: Girls 9/10 – 200m Breaststroke 613: Boys 11/12 – 100m Backstroke 614: Girls 11/12 – 200m Butterfly

All ages as at 6<sup>th</sup> July 2019.