

ASA South East Region Age Group Championships 2014

Programme of Events

K2 Crawley, Saturday 31 st May	K2 Crawley, Sunday 1 st June	K2 Crawley, Saturday 14 th June	K2 Crawley, Sunday 15 th June
Session One	Session Three	Session Five	Session Seven
Warm-up: 8:15am First event: 9:30 am	Warm-up: 8:00 am First event: 8:30 am	Warm-up: 8:15 am First event: 9:30 am	Warm-up: 8:00 am First event: 9:15 am
101: Girls 10 200m Backstroke HDW 102: Girls 11-13 200m Backstroke 103: Boys 10 200m Freestyle HDW 104: Boys 11-13 200m Freestyle 105: Girls 11-13 100m Butterfly 106: Boys 11-13 100m Breaststroke 30 minute break before finals * <u>Finals</u> 107,108: Girls 11/12,13 200m Backstroke 109,110: Boys 11/12,13 200m Freestyle 111,112: Girls 11/12,13 100m Butterfly 113,114: Boys 11/12,13 100m Breaststroke	201: Boys 11-13 1500m Freestyle HDW <i>If necessary there will be a 15 minute comfort break for officials before the 800m</i> 202: Girls 11-13 800m Freestyle HDW	301: Boys 11-14 4x200m Freestyle Team HDW 302: Girls 11-14 4x200m Freestyle Team HDW 303: Boys 10 200m Ind Medley HDW 304: Boys 11-13 200m Ind Medley 305: Girls 10 200m Ind Medley HDW 306: Girls 10-13 200m Ind Medley 30 minute break before finals * <u>Finals</u> 307,308: Boys 11/12,13 200m Ind Medley 309,310: Girls 11/12,13 200m Ind Medley	401: Boys 10 200m Backstroke HDW 402: Boys 11-13 200m Backstroke 403: Girls 10 200m Freestyle HDW 404: Girls 11-13 200m Freestyle 405: Boys 11-13 100m Butterfly 406: Girls 11-13 100m Breaststroke 30 minute break before finals * <u>Finals</u> 407,408: Boys 11/12,13 200m Backstroke 409,410: Girls 11/12,13 200m Freestyle 411,412: Boys 11/12,13 100m Butterfly 413,414: Girls 11/12,13 100m Breaststroke
Session Two	Session Four	Session Six	Session Eight
Warm-up: 1:30pm First event: 2:45pm	Warm-up: 12:45pm First event: 2:00pm	Warm-up: 1:30pm First event: 2:45pm	Warm-up: 1:15pm First event: 2:30pm
151: Girls 11-14 4x100m Medley Team HDW 152: Boys 11-14 4x100m Freestyle Team HDW 153: Girls 10-13 400m Freestyle HDW 154: Boys 10-13 400m Ind Medley HDW	251: Boys 10 200m Breaststroke HDW 252: Boys 11-13 200m Breaststroke 253: Girls 10 200m Butterfly HDW 254: Girls 11-13 200m Butterfly 255: Boys 11-13 100m Backstroke 256: Girls 11-13 100m Backstroke 30 minute break before finals * <u>Finals</u> 257,258: Boys 11/12,13 200m Breaststroke 259,260: Girls 11/12,13 200m Butterfly 261,262: Boys 11/12,13 100m Backstroke 263,264: Girls 11/12,13 100m Backstroke	351: Girls 10 200m Breaststroke HDW 352: Girls 11-13 200m Breaststroke 353: Boys 10 200m Butterfly HDW 354: Boys 11-13 200m Butterfly 355: Girls 11-13 100m Freestyle 356: Boys 11-13 100m Freestyle 30 minute break before finals * <u>Finals</u> 357,358: Girls 11/12,13 200m Breaststroke 359,360: Boys 11/12,13 200m Butterfly 361,362: Girls 11/12,13 100m Freestyle 363,364: Boys 11/12,13 100m Freestyle	451: Boys 11-14 4x100m Medley Team HDW 452: Girls 11-14 4x100m Freestyle Team HDW 453: Boys 10-13 400m Freestyle HDW 454: Girls 10-13 400m Ind Medley HDW
Estimated Finish: 6:30pm	Estimated Finish: 5:30pm	Estimated Finish: 6:15pm	Estimated Finish: 6:15pm

* Subject to the availability of lifeguards, swimmers will be able to use the pool for warm-up and warm-down during these breaks.