

Hampshire County Amateur Swimming Association

(Affiliated to Swim England South East)

President: Brian Harrison (Basingstoke Bluefins)



Swimming Championships 2019

Licensed by Swim England for entry into Regional Competitions
Under Swim England Laws and Technical Rules
Ages as at 31st December 2019

Mountbatten Centre, Portsmouth

Session One (Friday 18th January 2019)

Warm-up: 6:30 pm, Start: 7:00 pm

Session Four (Sunday 20th January 2019)

Warm-up: 9:00 am, Start: 9:45 am

Session Two (Saturday 19th January 2019)

Warm-up: 1:00 pm, Start: 1:45 pm

Session Five (Sunday 20th January 2019)

Warm-up: 12:45 pm, Start: 1:30 pm

Session Three (Saturday 19th January 2019)

Warm-up: 4:00 pm, Start: 4:45 pm

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COMPETING CLUBS

Club Code	Club Name
ALTS	Alton and District
BBFS	Basingstoke Bluefins
BJSS	Bassett JSF
BEAS	Beau Sejour
COSS	City of Southampton
EATS	Eastleigh
FANS	Fareham Nomads
GOSS	Gosport Dolphins
GUES	Guernsey
HAQS	Hamble Aquatics

Club Code	Club Name
HARS	Hart
HVWS	Havant and Waterlooville
IOWS	Isle of Wight
JERS	Jersey
LSSS	Locks Heath
PORS	Portsmouth Northsea
RINS	Ringwood Seals
RMYS	Romsey and Totton
RURS	Rushmoor Royals

Club Code	Club Name
SDOS	Southampton Dolphins
TIGS	Tigers (Jersey)
WCPS	Winchester City Penguins
WWAS	Wildern Waves

WITHDRAWAL

Coaches are required to complete a withdrawal form for any swimmer who does not intend to compete in one or more of the events for which they have been entered, at least 45 minutes before the advertised starting time of the first event in the session. Competitors who fail to withdraw and do not present themselves at the start will incur a penalty of £10. (Fines for failure to withdraw are levied on the competitor's club).

HEATS LISTS AND RESULTS

Heat start lists will be posted before the start of each session. Copies will be available for collection by registered coaches as soon as possible at the start of each session.

Results will be posted on the wall at the end of the pool after the completion of each event.

Full results will be via the swimming competitions Web site www.swimmeets.org

Live results, start lists and finalists will also be on www.swimeets.org (subject to an acceptable internet connection being available)

PRESENTATIONS

Awards will be available for collection for the first, second and third placed swimmers in each age group event, as soon as the heat results have been published.

Awards will be presented to the first, second and third placed open and junior swimmers in events 101, 102, 302, 352.

Awards will be presented to the first, second and third places teams in events 203-206, 253-256, 301 and 351.

HEALTH AND SAFETY

1. The only people permitted on poolside other than swimmers and competition officials are those in possession of a Coaches or Poolside Helpers pass, which must be worn at all times.
2. Swimmers must make sure that their bags do not block the emergency exits or impede movement of others around poolside. At no time, may swimmers enter the spectator area unless fully dressed.

EMERGENCY EVACUATION PROCEDURES

In the event of an emergency, there will be an audible alarm message ordering an immediate evacuation of the building. In the near future that message will be changed, but not before this weekend.

If you hear this message,

- People in the spectator gallery must leave immediately by the nearest emergency exit.
- People on the pool deck must line-up by the nearest exit and wait for instructions from the pool staff

EXTRACTS FROM CONDITIONS

6. MEET PROCEDURE

- 6.1 A withdrawal system will be in operation. Club representatives are expected to submit withdrawal forms for swimmers who are not intending to swim, no later than 45 minutes before the advertised starting time of the first event in the session. Provision will be made for clubs with no representative present to submit notification of withdrawals via the competition web site. Informal notification by phone or e-mail will not be accepted. Competitors who fail to withdraw and do not present themselves at the start will incur a penalty of £10.
- 6.2 Withdrawals are final. Any request to reinstate a swimmer who has been withdrawn will be considered to be a late entry and subject to the provisions of 4.5 above.
- 6.3 Heats shall be swum for all events, and shall be seeded slowest to fastest, except that in events where there are finals, the final three heats shall be cyclically seeded. All heats shall be spearheaded.
- 6.4 Finals shall be swum for all 50m and 100m individual events in age groups 10/11, 12, 13, 14, 15, 16 and 17/over.
- 6.5 In finals, the maximum number of places practicable shall be allocated. A maximum of 4 reserves shall be declared for each final. The names of finalists and reserves shall be announced as soon as practicable after completion of the heats. Announced finalists and reserves not intending to swim shall withdraw by completing a withdrawal form.
- 6.6 Where finals are arranged in the same session as the heats:
 1. All withdrawals from finals must be submitted no later than 5 minutes after the announcement of finalists from the last session of heats.
 2. Swim-offs will not be held. If there are equal times and places for a place in a final, if sufficient swimmers with equal times do not choose to withdraw, neither (none) of the swimmers with equal times will be allocated a place in the final, that lane or lanes remaining empty. If there is a withdrawal or withdrawals from the final, both (all) of the swimmers with equal times will be allocated a place in the final.
- 6.8 Lanes for finals shall be spearheaded based on times recorded in the heats.
- 6.9 All finalists who have not withdrawn, including reserves, are expected to present themselves to the Clerks of the Course for the final.
- 6.10 A fine of £10 will be levied in respect of any competitor or team withdrawing from a final after the time allowed (except in the case of injury, illness or proven emergency).
- 6.11 Where a reserve is brought in as a result of a withdrawal in accordance with 6.6 or 6.7 (above), the final shall be reseeded. Where a reserve is brought in after this period, the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.
- 6.12 A final may not start earlier than 15 minutes after all of the swimmers involved have completed their heat swim for that event.
- 6.13 Competitors are responsible for presenting themselves to the Clerks of the Course in time for their race. There will be no calls for competitors who fail to appear at the start of their race. If a swimmer does not present themselves for a final, the highest ranking reserve who presents for the final shall swim in the vacant lane.
- 6.14 Time Trials will not be permitted during the Championships.
- 6.15 All penalties for failing to withdraw from an event in accordance with the procedures above are payable by the competitor's club.

7. ACCESS TO POOLSIDE

- 7.1 Access to poolside is restricted to swimmers competing in the session, coaches and team managers in possession of poolside passes, accredited officials and volunteers.
- 7.2 To manage space on poolside, swimmers are not allowed to carry a bag larger than a small draw-string bag onto poolside. This rule will be strictly enforced.

8. AWARDS

8.1 Age Groups (10/11, 12, 13, 14, 15, 16, 17 & over age groups)

The first, second and third placed swimmers in each individual event will receive an award.

8.2 Team Events

Awards will be presented to all members of teams placed first, second and third in all team events.

9. DISPUTES/CHANGES TO CONDITIONS

- 9.1 Any dispute related to a matter not covered in these conditions shall initially be determined by the Promoter. Any individual who is not satisfied with such determination has the right to invoke ASA Judicial processes.
- 9.2 Whenever possible, a Jury of Appeal shall be appointed.
- 9.4 Once the license has been granted for this competition, no changes to conditions are permitted without the explicit approval of the Swim England South East Licensing Panel.

10. SUPPLEMENTARY DISABILITY SWIMMING CONDITIONS

- 10.1 The general conditions for the Hampshire ASA County Championships shall apply to the Disability Swimming events except where varied by any of the following conditions.

10.2 Events (Men and Women)

The programme of multi-classification events will conform to guidelines provided by Swim England:

- 50m and 100m Freestyle S1-S14
- 200m Freestyle S1-S5, S14
- 400m Freestyle, S6-S14
- 50m Backstroke S1-S5
- 100m Backstroke S1, S2(Male only) S6-S14
- 50m Butterfly S1- S7
- 100m Butterfly S8-S14
- 50m Breaststroke SB1-SB3
- 100m Breaststroke SB4-SB14
- 150m Individual Medley SM1-SM4 (without butterfly)
- 200m Individual Medley SM5-SM14

10.3 Eligibility

- 10.3.1 All competitors must have an authorised Para Swimming, British Swimming, INAS-FID or British Blind Sport classification, which is held on the British Swimming or Para Swimming classification database at the time of entry.

10.4 Competition Format

- 10.4.1 The competition format will be based on disability inclusion within the able bodied programme. Swimmers will be integrated on a time-banded basis in all events with the exception of the 150m Individual Medley.

- 10.4.2 Placing shall be determined by the three swimmers who either achieve a time better than or is closest to the equivalent British Long Course record relevant to their own classification (using the version of the Disability Points Calculator available from British Swimming on the day preceding the date of the competition).

10.4.3 The organizers may combine the male and female SM1-SM4 150m Individual Medley event dependent upon the number of entries.

10.4.4 All events will be heat declared winners.

10.4.5 Competition to be run to ASA rules with exceptions as per the World Para Swimming (IPC) Rules and Regulations (January 2018).

10.5 Awards

10.5.1 Awards shall be awarded on a multi classification basis to 1st, 2nd and 3rd place in each event.

Results service by **mglsoft.com Meet Manager**

SCHEDULE OF EVENTS

PORPSMOUTH (50m) Friday 18th January	WATERLOOVILLE (25m) Saturday 2nd February	PORPSMOUTH (50m) Saturday 9th February
Session 1 Warm-up 6:30pm Start 7:00pm 101: Girls/Ladies 800m Freestyle 102: Boys/Men 800m Freestyle	Session 6 Warm-up 8:30am Start 9:30am 401: G 10-12 200m Free HDW 402: B 10-12 200m IM HDW 403: G 13-14 200m Free HDW 404: B 13-14 200m IM HDW 405: G 10-14 50m Breast 406: B 10-14 50m Free 407: G 10-14 100m Back 408: B 10-14 100m Fly 409: G 10-14 200m Fly <u>Finals</u> 421-424: G 10/11, 12, 13, 14 50m Breast 425-428: B 10/11, 12, 13, 14 50m Free 429-432: G 10/11, 12, 13, 14 100m Back 433-436: B 10/11, 12, 13, 14 100m Fly	Session 10 Warm-up 8:30am Start 9:30am 601: *Mens 15/O 100m Free 602: *Ladies 15/O 200m Free HDW 603: *Mens 15/O 100m Back 604: *Ladies 15/O 100m Breast 605: Mens 15/O 400m IM HDW 606: *Ladies 15/O 100m Fly 607: *Mens 15/O 50m Breast 608: *Ladies 15/O 50m Back 609: Mens 15/O 200m Fly HDW 610-611: *Mixed SM1-SM4 150m IM 621-538:15, 16, 17/O Finals
	Session 7 Warm-up 1:45pm Start 2:45pm	Session 11 Warm-up 2:00pm Start 3:00pm
	451: G 10-12 200m Breast HDW 452: B 10-12 200m Back HDW 453: G 13-14 200m Breast HDW 454: B 13-14 200m Back HDW 455: G 10-14 100m Free 456: B 10-14 100m Breast 457: G 10-14 50m Back 458: B 10-14 50m Fly <u>Finals</u> 471-474: G 10/11, 12, 13, 14 100m Free 475-478: B 10/11, 12, 13, 14 100m Breast 479-482: G 10/11, 12, 13, 14 50m Back 483-486: B 10/11, 12, 13, 14 50m Fly	651: *Ladies 15/O 50m Free 652: *Mens 15/O 50m Fly 653: *Ladies 15/O 200m Ind Medley HDW 654: *Mens 15/O 400m Free HDW 655: Ladies 15/O 200m Back HDW 656: Mens 15/O 200m Breast HDW 661-666: 15, 16, 17/O Finals 671: Mens Open 4x100m Free Team HDW 672: Ladies Open 4x100m Free Team HDW 673: Boys 16/Under 4x50m Medley Team HDW 674: Girls 16/Under 4x50m Medley Team HDW
PORPSMOUTH (50m) Saturday 19th January	WATERLOOVILLE (25m) Sunday 3rd February	PORPSMOUTH (50m) Sunday 10th February
Session 2 Warm-up 1:00pm Start 1:45pm 201: Girls 12-14 400m Ind Medley HDW 202: Boys 10-14 400m Free HDW 203: Girls 10-12 4x50m F/S Team HDW 204: Boys 14/U 4x50m F/S Team HDW 205: Girls 10-12 4x50m Medley Team HDW 206: Boys 14/U 4x50m Medley Team HDW	Session 8 Warm-up 8:00am Start 9:00am 501: B 10-12 200m Free HDW 502: G 10-12 200m IM HDW 503: B 13-14 200m Free HDW 504: G 13-14 200m IM HDW 505: B 10-14 50m Breast 506: G 10-14 50m Free 507: B 10-14 100m Back 508: G 10-14 100m Fly 509: B 10-14 200m Fly <u>Finals</u> 521-524: B 10/11, 12, 13, 14 50m Breast 525-528: G 10/11, 12, 13, 14 50m Free 529-532: B 10/11, 12, 13, 14 100m Back 533-536: G 10/11, 12, 13, 14 100m Fly	Session 12 Warm-up 8:30am Start 9:30am 701: *Ladies 15/O 100m Free 702: *Mens 15/O 200m Free HDW 703: *Ladies 15/O 100m Back 704: *Mens 15/O 100m Breast 705: Ladies 15/O 400m Ind Medley HDW 706: *Mens 15/O 100m Fly 707: *Ladies 15/O 50m Breast 708: *Mens 15/O 50m Back 709: Ladies 15/O 200m Fly HDW 721-738: 15, 16, 17/O Finals
Session 3 Warm-up 4:00pm Start 4:45pm 251: Boys 12-14 400m Ind Medley HDW 252: Girls 10-14 400m Free HDW 253: Boys 10-12 4x50m Free Team HDW 254: Girls 14/U 4x50m Free Team HDW 255: Boys 10-12 4x50m Medley Team HDW 256: Girls 14/U 4x50m Medley Team HDW	Session 9 Warm-up 1:15pm Start 2:15pm 551: B 10-12 200m Breast HDW 552: G 10-12 200m Back HDW 553: B 13-14 200m Breast HDW 554: G 13-14 200m Back HDW 555: B 10-14 100m Free 556: G 10-14 100m Breast 557: B 10-14 50m Back 558: G 10-14 50m Fly <u>Finals</u> 571-574: B 10/11, 12, 13, 14 100m Free 575-578: G 10/11, 12, 13, 14 100m Breast 579-582: B 10/11, 12, 13, 14 50m Back 583-586: G 10/11, 12, 13, 14 50m Fly	Session 13 Warm-up 1:45pm Start 2:45pm 751: *Mens 15/O 50m Free 752: *Ladies 15/O 50m Fly 753: *Mens 15/O 200m Ind Medley HDW 754: *Ladies 15/O 400m Free HDW 755: Mens 15/O 200m Back HDW 756: Ladies 15/O 200m Breast HDW 761-766: 15, 16/O Finals 771: Ladies Open 4x100m Med. Team HDW 772: Mens Open 4x100m Med. Team HDW 773: Girls 16/Under 4x50m F/S Team HDW 774: Boys 16/Under 4x50m F/S Team HDW
PORPSMOUTH (50m) Sunday 20th January		
Session 4 Warm-up 9:00am Start 9:45am 301: Mens Open 4x200m Free Team HDW 302: Girls/Ladies Open 1500m Free HDW		
Session 5 Warm-up 12:45pm Start 1:30pm 351: Ladies Open 4x200m Free Team HDW 352: Boys/Mens Open 1500m Free HDW		

SWIM ENGLAND SOUTH EAST CHAMPIONSHIPS 2019
QUALIFYING TIMES

Boys/Men (LC)	Age 11/12		Age 13		Age 14		Age 15		Age 16		Age 17		Age 18/Over	
Stroke	Base	Auto	Base	Auto	Base	Auto	Base	Auto	Base	Auto	Base	Auto	Base	Auto
50m Freestyle	31.70	30.80	30.50	29.40	28.70	27.60	27.00	26.30	26.70	26.00	26.00	25.20	25.30	24.50
100m Freestyle	1.09.60	1.07.70	1.05.20	1.03.90	1.01.70	59.50	58.10	56.50	57.00	55.50	56.50	54.70	54.40	53.20
200m Freestyle	2.30.50	2.26.50	2.22.00	2.18.40	2.12.50	2.09.90	2.07.20	2.03.80	2.06.50	2.03.70	2.03.50	2.01.20	2.03.00	1.57.30
400m Freestyle	5.18.60	5.10.40	4.58.00	4.51.90	4.42.90	4.34.10	4.29.50	4.25.50	4.27.20	4.21.20	4.23.00	4.19.30	4.21.00	4.15.50
800m Freestyle	10.46.60	10.09.60	10.10.00	9.40.20	9.36.60	9.17.70	9.33.90	9.13.50	9.33.90	9.10.30	9.33.90	9.09.70	9.33.90	9.09.00
1500m Freestyle	20.41.80	19.28.10	19.17.00	18.51.10	18.30.00	17.53.90	18.20.00	17.34.00	17.53.20	17.22.40	17.51.00	17.14.30	17.45.00	17.09.10
50m Breaststroke	42.70	40.90	40.00	38.30	37.30	35.30	34.30	33.10	33.50	32.80	33.40	31.90	32.20	30.70
100m Breaststroke	1.33.20	1.29.80	1.27.60	1.23.80	1.20.20	1.16.90	1.14.10	1.11.40	1.13.70	1.10.70	1.11.10	1.09.20	1.10.90	1.06.60
200m Breaststroke	3.17.10	3.11.40	3.07.50	3.00.50	2.54.40	2.45.60	2.44.00	2.37.70	2.41.10	2.37.60	2.36.50	2.32.70	2.36.30	2.27.30
50m Butterfly	35.60	34.10	33.50	32.30	31.40	30.00	29.10	28.30	28.70	27.70	28.00	27.30	27.30	26.40
100m Butterfly	1.21.30	1.17.40	1.16.20	1.12.20	1.10.10	1.07.00	1.04.10	1.02.10	1.02.90	1.01.20	1.01.50	59.60	1.00.30	58.50
200m Butterfly	3.08.00	2.56.40	2.59.10	2.45.60	2.41.30	2.32.00	2.27.70	2.21.90	2.27.00	2.20.20	2.23.50	2.15.70	2.19.00	2.12.60
50m Backstroke	37.10	35.60	35.30	33.80	33.00	31.70	31.00	29.90	31.00	29.80	29.50	28.80	29.40	28.20
100m Backstroke	1.19.30	1.16.90	1.14.80	1.12.50	1.11.80	1.07.50	1.05.40	1.04.20	1.05.00	1.03.30	1.03.50	1.01.50	1.03.50	1.01.10
200m Backstroke	2.47.30	2.42.80	2.38.90	2.35.10	2.31.00	2.24.80	2.21.70	2.19.30	2.21.70	2.17.40	2.21.70	2.14.30	2.21.70	2.13.10
200m Ind Medley	2.50.70	2.46.70	2.41.80	2.37.90	2.32.70	2.25.20	2.25.60	2.21.00	2.22.30	2.18.10	2.20.00	2.16.10	2.20.00	2.14.30
400m Ind Medley	6.12.00	5.57.30	5.46.50	5.39.90	5.27.70	5.09.80	5.04.30	4.59.20	5.03.10	4.58.80	5.00.00	4.55.00	5.00.00	4.54.20
Boys/Men (SC)	Age 11/12		Age 13		Age 14		Age 15		Age 16		Age 17		Age 18/Over	
Stroke	Base	Auto	Base	Auto	Base	Auto	Base	Auto	Base	Auto	Base	Auto	Base	Auto
50m Freestyle	31.00	30.10	29.80	28.70	28.00	26.80	26.20	25.50	25.90	25.20	25.20	24.40	24.50	23.60
100m Freestyle	1.08.40	1.06.40	1.03.90	1.02.60	1.00.30	58.10	56.60	55.00	55.50	54.00	55.00	53.20	52.80	51.60
200m Freestyle	2.28.20	2.24.10	2.19.50	2.15.90	2.09.90	2.07.20	2.04.40	2.01.00	2.03.70	2.00.90	2.00.70	1.58.30	2.00.20	1.54.30
400m Freestyle	5.14.10	5.05.80	4.53.30	4.47.00	4.37.90	4.28.90	4.24.20	4.20.20	4.21.90	4.15.80	4.17.60	4.13.80	4.15.60	4.10.00
800m Freestyle	10.37.60	10.00.00	10.00.40	9.30.20	9.26.50	9.07.20	9.23.70	9.03.00	9.23.70	8.59.70	9.23.70	8.59.10	9.23.70	8.58.40
1500m Freestyle	20.25.00	19.10.30	18.59.00	18.32.70	18.11.30	17.34.50	18.01.10	17.14.30	17.33.80	17.02.40	17.31.60	16.54.20	17.25.50	16.48.90
50m Breaststroke	42.00	40.10	39.20	37.50	36.40	34.40	33.40	32.10	32.60	31.80	32.40	30.90	31.20	29.70
100m Breaststroke	1.31.80	1.28.40	1.26.10	1.22.30	1.18.60	1.15.20	1.12.40	1.09.60	1.12.00	1.08.90	1.09.30	1.07.40	1.09.10	1.04.70
200m Breaststroke	3.14.40	3.08.60	3.04.70	2.57.50	2.51.30	2.42.40	2.40.80	2.34.30	2.37.80	2.34.20	2.33.10	2.29.20	2.32.90	2.23.70
50m Butterfly	35.10	33.50	32.90	31.70	30.80	29.40	28.40	27.60	28.00	27.00	27.30	26.60	26.60	25.70
100m Butterfly	1.20.40	1.16.40	1.15.20	1.11.10	1.09.00	1.05.90	1.02.90	1.00.90	1.01.70	59.90	1.00.30	58.30	59.00	57.20
200m Butterfly	3.06.30	2.54.60	2.57.30	2.43.70	2.39.30	2.29.90	2.25.50	2.19.70	2.24.80	2.17.90	2.21.30	2.13.40	2.16.70	2.10.20
50m Backstroke	36.50	35.00	34.70	33.20	32.40	31.00	30.30	29.20	30.30	29.10	28.80	28.10	28.70	27.50
100m Backstroke	1.18.20	1.15.80	1.13.70	1.11.40	1.10.60	1.06.30	1.04.10	1.02.90	1.03.70	1.02.00	1.02.20	1.00.20	1.02.20	59.70
200m Backstroke	2.45.20	2.40.70	2.36.70	2.32.90	2.28.70	2.22.40	2.19.30	2.16.80	2.19.30	2.14.90	2.19.30	2.11.70	2.19.30	2.10.50
200m Ind Medley	2.48.40	2.44.30	2.39.30	2.35.40	2.30.10	2.22.50	2.22.90	2.18.20	2.19.50	2.15.20	2.17.20	2.13.20	2.17.20	2.11.30
400m Ind Medley	6.07.20	5.52.30	5.41.40	5.34.70	5.22.30	5.04.10	4.58.50	4.53.30	4.57.30	4.52.90	4.54.10	4.49.00	4.54.10	4.48.20

Friday 3 rd May - Monday 6 th May Wycombe Leisure Centre	Saturday 11 th - Sunday 12 th May K2, Crawley	Saturday 25 th - Sunday 26 th May K2 Crawley
All 15 years and older events, including team events	14/Under competition	14/under competition

SWIM ENGLAND SOUTH EAST CHAMPIONSHIPS 2019
QUALIFYING TIMES

Girls/Ladies (LC)	Age 11/12		Age 13		Age 14		Age 15		Age 16		Age 17/Over	
Stroke	2019 Base	2019 Auto	2019 Base	2019 Auto								
50m Freestyle	31.70	31.10	30.90	30.00	29.90	29.30	29.40	28.30	29.30	28.20	28.70	27.60
100m Freestyle	1.09.20	1.07.80	1.07.10	1.05.40	1.04.70	1.03.50	1.02.80	1.01.30	1.02.70	1.01.20	1.00.60	59.50
200m Freestyle	2.30.70	2.27.40	2.24.20	2.21.60	2.20.00	2.17.10	2.16.00	2.12.80	2.15.90	2.12.70	2.13.00	2.08.90
400m Freestyle	5.17.80	5.12.30	5.05.30	4.58.40	4.53.50	4.47.00	4.44.70	4.38.20	4.44.50	4.38.10	4.40.00	4.35.70
800m Freestyle	10.40.00	10.31.10	10.14.00	10.00.90	9.58.00	9.42.70	9.55.00	9.35.50	9.54.30	9.32.50	9.51.00	9.31.30
1500m Freestyle	20.35.00	19.46.80	20.21.00	19.02.30	20.15.80	18.50.00	19.35.00	18.50.00	19.32.00	18.50.00	19.30.00	18.50.00
50m Breaststroke	41.60	40.20	39.80	38.50	38.80	37.40	37.60	36.40	37.50	36.40	36.70	34.80
100m Breaststroke	1.30.30	1.28.00	1.26.90	1.24.30	1.24.50	1.21.40	1.20.40	1.18.50	1.19.90	1.18.40	1.17.90	1.16.40
200m Breaststroke	3.14.70	3.10.00	3.06.50	3.00.60	3.00.00	2.56.10	2.55.60	2.49.40	2.55.30	2.49.30	2.54.30	2.46.30
50m Butterfly	34.80	33.90	33.70	32.70	32.50	31.40	31.70	30.60	31.60	30.60	30.50	29.80
100m Butterfly	1.20.80	1.16.60	1.16.40	1.13.60	1.12.90	1.10.50	1.10.30	1.07.30	1.09.90	1.07.20	1.07.30	1.06.00
200m Butterfly	3.08.50	2.55.90	2.54.50	2.45.50	2.48.30	2.38.60	2.39.50	2.31.50	2.37.50	2.31.00	2.36.40	2.29.10
50m Backstroke	36.10	35.40	35.30	34.40	34.10	33.30	33.50	31.90	33.30	31.80	32.70	31.80
100m Backstroke	1.18.20	1.16.20	1.15.10	1.13.20	1.13.20	1.11.00	1.10.70	1.08.90	1.09.30	1.07.80	1.08.30	1.06.70
200m Backstroke	2.47.10	2.41.80	2.40.20	2.37.70	2.36.60	2.31.70	2.32.50	2.28.40	2.31.00	2.27.10	2.27.50	2.23.60
200m Ind Medley	2.51.50	2.48.00	2.44.00	2.40.50	2.39.90	2.36.70	2.33.80	2.30.70	2.33.80	2.30.70	2.31.10	2.26.00
400m Ind Medley	6.12.00	5.58.70	5.51.00	5.43.60	5.41.50	5.36.30	5.30.00	5.18.10	5.29.50	5.17.80	5.19.80	5.13.90
Girls/Ladies (SC)	Age 11/12		Age 13		Age 14		Age 15		Age 16		Age 17/Over	
Stroke	2019 Base	2019 Auto	2019 Base	2019 Auto								
50m Freestyle	31.00	30.40	30.20	29.30	29.20	28.60	28.70	27.60	28.60	27.50	28.00	26.80
100m Freestyle	1.08.00	1.06.50	1.05.80	1.04.10	1.03.40	1.02.20	1.01.40	59.90	1.01.30	59.80	59.20	58.10
200m Freestyle	2.28.40	2.25.00	2.21.80	2.19.10	2.17.50	2.14.50	2.13.40	2.10.20	2.13.30	2.10.10	2.10.40	2.06.20
400m Freestyle	5.13.30	5.07.80	5.00.70	4.53.70	4.48.70	4.42.10	4.39.70	4.33.10	4.39.50	4.33.00	4.34.90	4.30.60
800m Freestyle	10.30.90	10.21.90	10.04.50	9.51.20	9.48.30	9.32.70	9.45.20	9.25.40	9.44.50	9.22.30	9.41.10	9.21.10
1500m Freestyle	20.18.20	19.29.30	20.04.00	18.44.10	19.58.70	18.31.60	19.17.30	18.31.60	19.14.30	18.31.60	19.12.20	18.31.60
50m Breaststroke	40.80	39.40	39.00	37.70	38.00	36.50	36.80	35.50	36.70	35.50	35.80	33.90
100m Breaststroke	1.28.90	1.26.60	1.25.40	1.22.80	1.23.00	1.19.80	1.18.80	1.16.90	1.18.30	1.16.80	1.16.30	1.14.70
200m Breaststroke	3.12.00	3.07.20	3.03.60	2.57.60	2.57.00	2.53.10	2.52.60	2.46.30	2.52.30	2.46.20	2.51.20	2.43.10
50m Butterfly	34.30	33.30	33.10	32.10	31.90	30.80	31.10	30.00	31.00	30.00	29.90	29.20
100m Butterfly	1.19.80	1.15.60	1.15.40	1.12.60	1.11.80	1.09.40	1.09.20	1.06.20	1.08.80	1.06.10	1.06.20	1.04.80
200m Butterfly	3.06.80	2.54.10	2.52.70	2.43.60	2.46.40	2.36.60	2.37.50	2.29.40	2.35.50	2.28.90	2.34.40	2.27.00
50m Backstroke	35.50	34.80	34.70	33.80	33.50	32.70	32.90	31.20	32.70	31.10	32.10	31.10
100m Backstroke	1.17.10	1.15.10	1.14.00	1.12.10	1.12.10	1.09.80	1.09.50	1.07.70	1.08.10	1.06.60	1.07.10	1.05.50
200m Backstroke	2.45.00	2.39.70	2.38.00	2.35.50	2.34.40	2.29.40	2.30.20	2.26.10	2.28.70	2.24.80	2.25.20	2.21.20
200m Ind Medley	2.49.20	2.45.60	2.41.60	2.38.00	2.37.40	2.34.20	2.31.20	2.28.10	2.31.20	2.28.10	2.28.50	2.23.30
400m Ind Medley	6.07.20	5.53.80	5.46.00	5.38.40	5.36.30	5.31.00	5.24.60	5.12.50	5.24.10	5.12.20	5.14.20	5.08.20



Hampshire County Amateur Swimming Association
(Affiliated to A.S.A. S.E. Region)

County Talent Development Camps 2019

**F.A.O – Parents of 2008 born
swimmers**

**Head County Coach Kim Hill will be
delivering the presentation:**

‘Developing and Supporting the County Age Group Swimmer’ and important information about the County Talent Development camps’.

Saturday 2nd February 2019
At approximately 1:45pm (or as soon as the session 6 finals are completed) there will be a short presentation in the gym studio (through the gym area).

All parents of swimmers 2008 born are invited to attend, as well as any parents of swimmers who are competing at the County Championships for the first time who wish to inform themselves of the programme.

Hampshire County Championships 2019

Under Swim England Laws and Technical Rules

SESSION ONE

Event 101	Details Girls 800m Freestyle										
1	Evie Medlow	12.40.04	101C	FANS	_____	28	Nina Skingley	10.15.37	101H	HARS	_____
2	Lily Hickman-Hall	12.17.70	101C	PORS	_____	29	Rhyseren Taylor	10.15.10	101D	SDOS	_____
3	Erin Coffey	12.01.25	101C	FANS	_____	30	Ashleigh Stemp	10:21.04I	101F	HVWS	_____
4	Ruby Fisher	11.55.10	101C	COSS	_____	31	Freya McCauley-Wright	10.09.01	101F	PORS	_____
5	Hannah Kennedy	11.39.17	101C	GUES	_____	32	Isobel Neighbour	10.08.39	101E	HARS	_____
6	Luna Nash	11.23.02	101D	WCPS	_____	33	Rosie Richards	10:16.21I	101D	RURS	_____
7	Tamsin Wheeler	11.19.22	101C	HARS	_____	34	Emma Mack	10.06.67	101G	PORS	_____
8	Madeline Roberts	11.14.48	101E	ALTS	_____	35	Jessica Milligan	10.06.45	101E	COSS	_____
9	Matilda Hall	11.11.74	101D	FANS	_____	36	Katie Pengilley	10:15.63I	101F	ALTS	_____
10	Alexandra Bassett	11.08.46	101C	COSS	_____	37	Ella Smith	10.05.40	101E	RURS	_____
11	Emily Menlove	11.08.09	101D	WCPS	_____	38	Hannah Stemp	10:14.77I	101H	HVWS	_____
12	Skye Austin-Burrows	11.00.34	101C	RURS	_____	39	Isla-Mary Caustick	10.02.42	101E	WCPS	_____
13	Ruby Stewart	10.54.33	101C	RURS	_____	40	Ella Carstairs	9.56.13	101G	COSS	_____
14	Alice Whyte	10.44.46	101C	WCPS	_____	41	Macey Carstairs	10:01.58I	101D	COSS	_____
15	Mia Stillwell	10.40.95	101E	IOWS	_____	42	Libby Gordon	9.50.06	101F	BBFS	_____
16	Emma Skelton	10.40.08	101D	FANS	_____	43	Evelyn Rowsell	9.46.03	101F	FANS	_____
17	Elizabeth Atkinson	10.38.30	101D	TIGS	_____	44	Lydia Parker	9.45.80	101F	FANS	_____
18	Layla White	10.36.69	101D	HARS	_____	45	Cerys Prince-Rayner	9:52.31I	101F	WCPS	_____
19	Paige Austin-Burrows	10:42.58I	101D	RURS	_____	46	Alice Mardell	9:49.21I	101G	BBFS	_____
20	Verity Telford	10.32.21	101D	SDOS	_____	47	Sammy Girle	9:47.37I	101H	BBFS	_____
21	Amelia Ayling	10:36.69I	101F	PORS	_____	48	Tara Box	9.36.05	101H	TIGS	_____
22	Olivia Clinton	10:35.62I	101D	PORS	_____	49	Natasha Holroyd	9.34.01	101F	RURS	_____
23	Sofia Aumonier	10.23.34	101D	HARS	_____	50	Faye Francis	9.27.65	101G	PORS	_____
24	Evie Hillyar	10:30.04I	101F	RURS	_____	51	Iona Morley	9:31.53I	101G	WCPS	_____
25	Eva Scott	10.19.42	101E	TIGS	_____	52	Bethan Cooper	9.20.21	101F	TIGS	_____
26	Hannah Worth	10.18.94	101D	TIGS	_____	53	Lily Scott	9.20.10	101F	TIGS	_____
27	Esme Fowler	10.18.87	101E	TIGS	_____	54	Charlotte Prince-Rayner	9.12.89	101H	WCPS	_____

Event 102	Details Boys 800m Freestyle										
1	Adam McCauley-Wright	12.27.47	102C	PORS	_____	21	Liam Eagle	9.57.33	102G	BBFS	_____
2	George Emre	12.22.82	102C	PORS	_____	22	Joseph Swart	9.51.24	102D	TIGS	_____
3	William Blount	12:10.38	102C	WCPS	_____	23	Matt Geddes	9.48.62	102E	TIGS	_____
4	Agha Haidar Rauf	12.07.64	102C	WCPS	_____	24	Joseph Doncom	9.48.37	102E	HAQS	_____
5	Henry Benton	11:41.99I	102C	RURS	_____	25	Matt Batchelor	9.37.11	102F	RURS	_____
6	Zachary Vanstone	11.25.37	102C	HARS	_____	26	Henry Plewes	9.31.33	102F	ALTS	_____
7	Sidney Collingwood	11.19.86	102C	FANS	_____	27	Casper Whitewood	9.29.76	102D	TIGS	_____
8	Christopher Davies	11.19.21	102E	WCPS	_____	28	Oscar Dodds	9.29.64	102D	TIGS	_____
9	Daniel Pearce	11:08.72I	102C	RURS	_____	29	James Cummings-Candal	9.28.63	102E	PORS	_____
10	William Nelson	10.33.38	102E	HARS	_____	30	Charles Holyer	9.26.31	102E	FANS	_____
11	Ethan Payne	10.32.51	102D	PORS	_____	31	Edward Menlove	9.22.41	102G	WCPS	_____
12	Theo McFadden	10.40.67I	102C	RURS	_____	32	Lewis Fenn	9.21.43	102H	BBFS	_____
13	Adam Zakrzewski	10.18.75	102D	TIGS	_____	33	Zack Westhead	9.18.82	102G	RURS	_____
14	Max Walton	10.18.32	102D	HARS	_____	34	Thomas Dickson	9.18.75	102F	FANS	_____
15	Matthew Johnson	10.09.98	102E	WCPS	_____	35	Oscar Cawdron	9.16.51	102F	PORS	_____
16	Luigi Forconi	10.09.00	102D	PORS	_____	36	Cayden Guyett-Smith	9:26.58I	102F	PORS	_____
17	Filip Nowacki	10.08.94	102C	JERS	_____	37	Liam Budd	9.08.07	102G	PORS	_____
18	James Medley	10.08.78	102G	ALTS	_____	38	Charlie Hazell	9:16.54I	102F	RURS	_____
19	Ben Hatfield	10.05.42	102D	WCPS	_____	39	Marcus Scullion	9:16.31I	102G	PORS	_____
20	George Lambert	10.02.77	102E	FANS	_____	40	Alexander Edge	9.04.37	102H	PORS	_____

Event 102	Details Boys 800m Freestyle	Continued
41	Rory Taylor	9.04.27 102H FANS _____
42	Oskar Priesemann	9.02.25 102F WCPS _____
43	Fergus Phelan	9:12.52I 102H WCPS _____
44	Pietro Forconi	9.00.10 102G PORS _____
45	Matthew Sullivan	8.58.72 102H FANS _____
46	Andrew Hooper	8.55.95 102H RURS _____
47	William Tatton	8.53.94 102H RURS _____
48	Scott Campbell	8.51.63 102G BBFS _____
49	Isaac Dodds	8:47.46I 102F TIGS _____
50	Thomas Menlove	8:45.65I 102H WCPS _____

Hampshire County Championships 2019

Under Swim England Laws and Technical Rules

SESSION TWO

Event 201	Details Girls 400m Ind Medley										
1	Laila Richardson	6.41.88	201C	BBFS	_____	14	Harriet Burnham	5.55.90	201E	FANS	_____
2	Emily Legge	6.41.66	201C	RURS	_____	15	Hannah Worth	5.53.37	201D	TIGS	_____
3	Hannah Kennedy	6.34.35	201C	GUES	_____	16	Anoush Danelian	5.53.04	201C	WCPS	_____
4	Zoe Falconer	6.30.44	201C	HARS	_____	17	Esme Fowler	5:48.72	201E	TIGS	_____
5	Ruby Fisher	6.24.65	201C	COSS	_____	18	Mia Stillwell	5.46.22	201E	IOWS	_____
6	Phoebe Field	6:22.61	I 201C	SDOS	_____	19	Karys Kapri	5.44.23	201D	HARS	_____
7	Jody Williams	6.15.83	201D	BBFS	_____	20	Eva Scott	5.39.40	201E	TIGS	_____
8	Madison Jones	6:19.85	I 201C	RURS	_____	21	Paige Austin-Burrows	5:41.13	I 201D	RURS	_____
9	Emily O'Connor	6.13.04	201D	PORS	_____	22	Ella Smith	5.30.56	201E	RURS	_____
10	Elizabeth Atkinson	6.02.36	201D	TIGS	_____	23	Jessica Milligan	5.30.49	201E	COSS	_____
11	Layla White	6.01.95	201D	HARS	_____	24	Emily Lowther	5.29.03	201D	SDOS	_____
12	Ruby Stewart	6:03.04	I 201C	RURS	_____	25	Collette Guyett-Smith	5.24.55	201E	PORS	_____
13	Macey Carstairs	6:01.24	I 201D	COSS	_____						

Event 202	Details Boys 400m Freestyle										
1	Rhys Kapri	6.15.95	202B	HARS	_____	19	William Nelson	4.59.02	202E	HARS	_____
2	William Blount	5:57.72	202C	WCPS	_____	20	Theo McFadden	4:58.84	202C	RURS	_____
3	Henry Manning	5.43.44	202C	HARS	_____	21	Fraser White	4.57.17	202E	EATS	_____
4	Matthew Lowther	5:41.88	I 202B	SDOS	_____	22	Luigi Forconi	5:01.70	I 202D	PORS	_____
5	Henry Benton	5.36.88	202C	RURS	_____	23	Joseph Swart	4.52.25	202D	TIGS	_____
6	Zachary Vanstone	5.33.67	202C	HARS	_____	24	Alex Heath	4.50.89	202E	RURS	_____
7	Finlay Norris	5.31.82	202C	PORS	_____	25	George Lambert	4:54.36	I 202E	FANS	_____
8	Ollie Smith	5.28.24	202C	BBFS	_____	26	Logan Winter	4:52.78	I 202E	PORS	_____
9	Daniel Pearce	5.23.54	202C	RURS	_____	27	Filip Nowacki	4.47.46	202C	JERS	_____
10	Sidney Collingwood	5:21.36	I 202C	FANS	_____	28	Oscar Dodds	4.47.39	202D	TIGS	_____
11	George Morris	5.14.26	202D	RURS	_____	29	Matt Geddes	4.46.79	202E	TIGS	_____
12	Jake Smith	5.10.63	202D	COSS	_____	30	Casper Whitewood	4.44.15	202D	TIGS	_____
13	Ethan Payne	5:13.71	I 202D	PORS	_____	31	Ben Hatfield	4.43.53	202D	WCPS	_____
14	Jamie Mitchell	5.09.10	202E	WCPS	_____	32	James Cummings-Candal	4.41.20	202E	PORS	_____
15	George Snow	5:13.47	I 202D	FANS	_____	33	Samuel Bourns	4.39.57	202E	BBFS	_____
16	Judah Hurr	5:12.22	I 202D	PORS	_____	34	Henry Halloran-Day	4:42.56	I 202E	PORS	_____
17	Adam Zakrzewski	5.06.70	I 202D	TIGS	_____	35	Charles Holyer	4:37.80	I 202E	FANS	_____
18	Max Walton	5.00.95	I 202D	HARS	_____						

Event 203	Details Girls 10 - 12 Years 200m Freestyle Relay										
1	Locks Heath B	3:04.31			_____	9	Havant And Waterlooville	2:31.09			_____
2	Bassett JSF B	2:54.50			_____	10	City Of Southampton White	2:30.24			_____
3	Locks Heath A	2:47.80			_____	11	Bassett JSF A	2:28.91			_____
4	Southampton Dolphins B	2:46.92			_____	12	Hamble Aquatics Navy	2:28.76			_____
5	Romsey And Totton B	2:46.63			_____	13	Romsey And Totton	2:28.75			_____
6	Eastleigh	2:39.97			_____	14	Fareham Nomads B	2:26.68			_____
7	Alton A	2:37.14			_____	15	Gosport Dolphins	2:23.67			_____
8	Hart B	2:34.18			_____	16	Portsmouth Northsea A	2:19.84			_____

Event 203	Details Girls 10 - 12 Years 200m Freestyle Relay	Continued
17	Fareham Nomads A	2:18.12
18	Hart A	2:18.05
19	Southampton Dolphins A	2:17.69
20	Rushmoor Black	2:17.41
21	Basingstoke Bluefins	2:15.79
22	City Of Southampton Red	2:14.91
23	Winchester Black	2:12.14
24	Rushmoor Green	2:09.07

Event 204	Details Boys 10 - 14 Years 200m Freestyle Relay	
1	Locks Heath A	2:33.83
2	Havant And Waterlooville	2:11.09
3	City Of Southampton Red	2:09.49
4	Hart B	2:09.04
5	Alton A	2:08.67
6	Romsey And Totton	2:08.57
7	Gosport Dolphins	2:04.77
8	Basingstoke Bluefins	2:03.57
9	Rushmoor Black	2:03.11
10	Isle Of Wight	2:02.54
11	Eastleigh	2:00.91
12	Fareham Nomads A	2:00.26
13	Tigers	2:00.18
14	Winchester White	1:59.93
15	Rushmoor Green	1:59.42
16	Hart A	1:58.18
17	Portsmouth Northsea A	1:58.09
18	Winchester Black	1:51.67

Event 205	Details Girls 10 - 12 Years 200m Medley Relay	
1	Locks Heath B	3:44.46
2	Bassett JSF B	3:38.05
3	Romsey And Totton B	3:30.54
4	Locks Heath A	3:14.77
5	Havant And Waterlooville	3:07.15
6	Eastleigh	3:07.14
7	Southampton Dolphins B	3:04.07
8	Bassett JSF A	2:59.05
9	Alton A	2:57.64
10	City Of Southampton White	2:55.30
11	Romsey And Totton	2:53.43
12	Hart B	2:53.37
13	Fareham Nomads B	2:45.67
14	Gosport Dolphins	2:45.31
15	Hamble Aquatics Navy	2:44.67
16	Portsmouth Northsea A	2:41.22
17	Southampton Dolphins A	2:37.26
18	Basingstoke Bluefins	2:36.81
19	Rushmoor Black	2:33.96
20	Fareham Nomads A	2:33.38
21	City Of Southampton Red	2:32.38
22	Hart A	2:31.42
23	Winchester Black	2:25.85
24	Rushmoor Green	2:24.41

Event 206	Details Boys 10 - 14 Years 200m Medley Relay	
1	Locks Heath A	3:05.33
2	Hart B	2:36.13
3	Havant And Waterlooville	2:29.12
4	City Of Southampton Red	2:28.92
5	Romsey And Totton	2:27.37
6	Fareham Nomads A	2:27.30
7	Alton A	2:22.37
8	Rushmoor Black	2:20.71
9	Gosport Dolphins	2:18.88
10	Isle Of Wight	2:18.52
11	Winchester White	2:16.63
12	Basingstoke Bluefins	2:16.30
13	Tigers	2:13.52
14	Hart A	2:13.50
15	Eastleigh	2:13.03
16	Portsmouth Northsea A	2:12.41
17	Rushmoor Green	2:09.14
18	Winchester Black	2:04.70

Hampshire County Championships 2019

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SESSION THREE

Event 251	Details Boys 400m Ind Medley										
1	Zachary Vanstone	6.46.68	251C	HARS	_____	15	Charlie Curran	5:39.13I	251E	RURS	_____
2	Jacob Kelly	6.42.56	251C	PORS	_____	16	Matt Geddes	5:30.33	251E	TIGS	_____
3	Daniel Pearce	6:37.06I	251C	RURS	_____	17	Logan Winter	5:35.40I	251E	PORS	_____
4	Nathan Lewis	6:24.06I	251C	SDOS	_____	18	Filip Nowacki	5:29.53	251C	JERS	_____
5	Daniel Wilson	6:10.40I	251D	PORS	_____	19	Luigi Forconi	5:34.34I	251D	PORS	_____
6	Benedict Whitt	6.04.44	251D	WCPS	_____	20	Charles Holyer	5.28.41	251E	FANS	_____
7	Judah Hurr	6.02.26	251D	PORS	_____	21	Samuel Bourns	5.28.01	251E	BBFS	_____
8	Ethan Payne	5.56.11	251D	PORS	_____	22	Jamie Rowney	5.25.33	251E	RURS	_____
9	Daniel Marchant	5.56.02	251D	COSS	_____	23	Matthew Johnson	5.22.82	251E	WCPS	_____
10	Adam Zakrzewski	5.48.51	251D	TIGS	_____	24	James Cummings-Candal	5:23.72I	251E	PORS	_____
11	Miles Brooks	5.45.86	251E	RURS	_____	25	Ben Hatfield	5.13.95	251D	WCPS	_____
12	Luke O'Mara	5.43.87	251D	HARS	_____	26	Oscar Dodds	5.12.20	251D	TIGS	_____
13	Joseph Swart	5.42.81	251D	TIGS	_____	27	Henry Halloran-Day	5:17.09I	251E	PORS	_____
14	Theo McFadden	5.44.89I	251C	RURS	_____						

Event 252	Details Girls 400m Freestyle										
1	Elizabeth Dudman	6.15.50	252B	BBFS	_____	24	Emma Skelton	5.12.35	252D	FANS	_____
2	Amelia Lambert	6:15.23I	252B	RMYS	_____	25	Layla White	5.10.86	252D	HARS	_____
3	Gabrielle Martin	6.05.62	252B	COSS	_____	26	Elizabeth Atkinson	5.09.64	252D	TIGS	_____
4	Emily Raymond	6.03.79	252B	COSS	_____	27	Verity Telford	5.09.63	252D	SDOS	_____
5	Isabelle Saunders	6:07.57I	252B	BJSS	_____	28	Hannah Worth	5.07.15	252D	TIGS	_____
6	Elle Pirouet	6.02.05	252B	JERS	_____	29	Harriet Burnham	5.06.55	252E	FANS	_____
7	Alana Maddock	5.50.97	252B	SDOS	_____	30	Nancy Munden	5.06.47	252E	WCPS	_____
8	Poppy Everest	5.49.11	252B	RURS	_____	31	Olivia Clinton	5.03.85	252D	PORS	_____
9	Zoe Falconer	5.45.25	252C	HARS	_____	32	Sofia Aumonier	5.02.47	252D	HARS	_____
10	Francesca Pringle	5:49.34I	252B	RURS	_____	33	Collette Guyett-Smith	5.01.13	252E	PORS	_____
11	Hannah Kennedy	5.43.47	252C	GUES	_____	34	Rhysen Taylor	5.00.69	252D	SDOS	_____
12	Saffia Rougier	5.43.25	252B	BBFS	_____	35	Esme Fowler	4:59.86	252E	TIGS	_____
13	Freya Latimore	5:41.04I	252C	SDOS	_____	36	Eva Scott	4.59.81	252E	TIGS	_____
14	Jessica Oatley	5:40.15I	252C	PORS	_____	37	Macey Carstairs	4.59.27	252D	COSS	_____
15	Madison Jones	5.29.38	252C	RURS	_____	38	Ella Smith	4.58.98	252E	RURS	_____
16	Skye Austin-Burrows	5.24.78	252C	RURS	_____	39	Isobel Neighbour	4.58.92	252E	HARS	_____
17	Ruby Stewart	5:23.46I	252C	RURS	_____	40	Paige Austin-Burrows	4.58.00	252D	RURS	_____
18	Alice Whyte	5.17.68	252C	WCPS	_____	41	Jessica Milligan	4.55.86	252E	COSS	_____
19	Alexandra Bassett	5.17.60	252C	COSS	_____	42	Emma Jones	4.53.47	252E	HARS	_____
20	Hollie Atton	5.15.77	252D	EATS	_____	43	Isla-Mary Caustick	4.51.34	252E	WCPS	_____
21	Anoush Danelian	5.15.00	252C	WCPS	_____	44	Rosie Richards	4.51.08	252D	RURS	_____
22	Tamsin Wheeler	5.14.82	252C	HARS	_____	45	Ellen Jewell	4.46.45	252E	FANS	_____
23	Isobelle Kennedy	5.13.68	252D	FANS	_____						

Event 253	Details Boys 10 - 12 Years 200m Freestyle Relay	
1	Gosport Dolphins	2:50.58
2	Bassett JSF	2:46.23
3	Hamble Aquatics Navy	2:44.33
4	Fareham Nomads B	2:42.22
5	Alton B	2:37.80
6	Locks Heath A	2:37.75
7	Havant And Waterlooville	2:32.70
8	Romsey And Totton	2:31.99
9	City Of Southampton Red	2:28.22
10	Rushmoor Black	2:28.07
11	Eastleigh	2:27.34
12	Winchester White	2:26.42
13	Hart B	2:25.78
14	Alton A	2:23.80
15	Southampton Dolphins A	2:22.54
16	Fareham Nomads A	2:19.04
17	Winchester Black	2:16.06
18	Hart A	2:14.53
19	Basingstoke Bluefins	2:13.81
20	Portsmouth Northsea A	2:13.04
21	Rushmoor Green	2:07.24

Event 254	Details Girls 10 - 14 Years 200m Freestyle Relay	
1	Bassett JSF	2:28.07
2	Locks Heath B	2:24.35
3	Eastleigh	2:19.99
4	City Of Southampton White	2:15.44
5	Romsey And Totton	2:13.04
6	Alton B	2:12.45
7	Southampton Dolphins B	2:12.19
8	Wildern Waves	2:11.10
9	Fareham Nomads B	2:10.30
10	Hamble Aquatics Navy	2:09.51
11	Tigers	2:09.09
12	Rushmoor Black	2:08.52
13	Havant And Waterlooville	2:08.49
14	Hart B	2:07.44
15	Winchester White	2:06.63
16	Locks Heath A	2:05.33
17	City Of Southampton Red	2:05.07
18	Alton A	2:03.80
19	Portsmouth Northsea A	2:02.65
20	Southampton Dolphins A	2:02.61
21	Basingstoke Bluefins	2:02.45
22	Fareham Nomads A	2:01.61
23	Winchester Black	2:00.84
24	Hart A	2:00.36
25	Rushmoor Green	1:59.42

Event 255	Details Boys 10 - 12 Years 200m Medley Relay	
1	Bassett JSF	3:19.53
2	Fareham Nomads B	3:10.39
3	Locks Heath A	3:07.27
4	City Of Southampton Red	2:56.74
5	Alton B	2:56.14
6	Havant And Waterlooville	2:55.63
7	Romsey And Totton	2:54.95
8	Hart B	2:53.44
9	Eastleigh	2:51.48
10	Fareham Nomads A	2:48.41
11	Winchester White	2:46.77
12	Rushmoor Black	2:46.47
13	Southampton Dolphins A	2:42.84
14	Alton A	2:41.99
15	Gosport Dolphins	2:41.44
16	Winchester Black	2:38.59
17	Hart A	2:33.02
18	Portsmouth Northsea A	2:32.58
19	Basingstoke Bluefins	2:28.54
20	Rushmoor Green	2:26.08

Event 256	Details Girls 12 - 14 Years 200m Medley Relay		
1	Bassett JSF	2:55.59	_____
2	Locks Heath B	2:42.36	_____
3	Eastleigh	2:39.45	_____
4	City Of Southampton White	2:32.64	_____
5	Wildern Waves	2:32.20	_____
6	Gosport Dolphins	2:31.76	_____
7	Alton B	2:31.60	_____
8	Southampton Dolphins B	2:29.27	_____
9	Romsey And Totton	2:28.03	_____
10	Tigers	2:27.22	_____
11	Havant And Waterlooville	2:25.31	_____
12	Fareham Nomads B	2:25.29	_____
13	Rushmoor Black	2:23.81	_____
14	Locks Heath A	2:22.60	_____
15	Hamble Aquatics Navy	2:21.79	_____
16	Portsmouth Northsea A	2:21.12	_____
17	Winchester White	2:21.11	_____
18	Alton A	2:18.69	_____
19	City Of Southampton Red	2:18.13	_____
20	Hart B	2:18.08	_____
21	Winchester Black	2:16.33	_____
22	Fareham Nomads A	2:16.29	_____
23	Basingstoke Bluefins	2:15.79	_____
24	Southampton Dolphins A	2:12.35	_____
25	Rushmoor Green	2:12.21	_____
26	Hart A	2:11.16	_____

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Event 301	Details Boys All Ages 800m Freestyle Relay						
1	Alton A	8:43.25	_____	6	Rushmoor Green	8:07.23	_____
2	Fareham Nomads B	8:26.39	_____	7	Fareham Nomads A	8:06.67	_____
3	Havant And Waterlooville	8:22.96	_____	8	Winchester Black	8:06.38	_____
4	City Of Southampton White	8:17.47	_____	9	Portsmouth Northsea B	7:56.75	_____
5	City Of Southampton Red	8:15.26	_____	10	Portsmouth Northsea A	7:42.82	_____

Event 302	Details Girls 1500m Freestyle						
1	Lily Hickman-Hall	23.34.17 302C	PORS _____	23	Eva Scott	19.59.35 302E	TIGS _____
2	Emily Legge	23:46.98I 302C	RURS _____	24	Layla White	19.58.10 302D	HARS _____
3	Rebecca Wicks	23.25.65 302C	PORS _____	25	Isla-Mary Caustick	19.44.12 302E	WCPS _____
4	Ruby Hudson	23.14.16 302D	FANS _____	26	Harriet Burnham	19.40.44 302E	FANS _____
5	Erin Coffey	22.57.73 302C	FANS _____	27	Karys Kapri	19.36.38 302D	HARS _____
6	Hannah Kennedy	22.35.72 302C	GUES _____	28	Ella Smith	19:53.32I 302E	RURS _____
7	Matilda Hall	22.27.34 302D	FANS _____	29	Freya McCauley-Wright	19.34.94 302F	PORS _____
8	Verity Mowle	22.07.08 302D	PORS _____	30	Hannah Stemp	19.33.32 302H	HVWS _____
9	Alex Marx	21.56.29 302G	PORS _____	31	Nina Skingley	19.28.06 302H	HARS _____
10	Skye Austin-Burrows	21:57.34I 302C	RURS _____	32	Collette Guyett-Smith	19.26.92 302E	PORS _____
11	Mia Stillwell	21.11.48 302E	IOWS _____	33	Emma Mack	19.24.60 302G	PORS _____
12	Jody Williams	21.01.09 302D	BBFS _____	34	Isobel Neighbour	19.24.43 302E	HARS _____
13	Freya North	20.59.12 302G	GOSS _____	35	Katie Pengilley	19.21.42 302F	ALTS _____
14	Verity Telford	20.54.68 302D	SDOS _____	36	Natasha Holroyd	18:54.75I 302F	RURS _____
15	Ruby Stewart	21:06.84I 302C	RURS _____	37	Alice Mardell	18:48.74I 302G	BBFS _____
16	Emma Skelton	20.42.10 302D	FANS _____	38	Evelyn Rowsell	18.20.25 302F	FANS _____
17	Elizabeth Atkinson	20.41.87 302D	TIGS _____	39	Libby Gordon	18.18.56 302F	BBFS _____
18	Paige Austin-Burrows	20:37.40I 302D	RURS _____	40	Tara Box	18.17.63 302H	TIGS _____
19	Evie Hillyar	20:34.64I 302F	RURS _____	41	Lily Scott	18.03.03 302F	TIGS _____
20	Olivia Clinton	20.06.91 302D	PORS _____	42	Faye Francis	18.01.03 302G	PORS _____
21	Rhyseren Taylor	20:21.90I 302D	SDOS _____	43	Bethan Cooper	18:11.31I 302F	TIGS _____
22	Hannah Worth	19.59.54 302D	TIGS _____				

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Event 351	Details					
Girls All Ages 800m Freestyle Relay						
1	Gosport Dolphins	9:30.71	_____	6	Fareham Nomads A	8:50.74
2	Alton A	9:18.21	_____	7	Havant And Waterlooville	8:47.02
3	City Of Southampton Red	9:15.83	_____	8	Rushmoor Green	8:46.86
4	Fareham Nomads B	9:09.45	_____	9	Portsmouth Northsea A	8:41.58
5	Tigers	8:52.66	_____			

Event 352	Details								
Boys 1500m Freestyle									
1	Samuel Staff	24.17.01 352C	HARS	_____	26	Adam Woo	18.36.55 352H	WCPS	_____
2	Javier Parry-Fernandez	23:13.60I 352D	RURS	_____	27	Matt Geddes	18.34.18 352E	TIGS	_____
3	Adam McCauley-Wright	22.47.45 352C	PORS	_____	28	Zack Westhead	18:43.51I 352G	RURS	_____
4	Zachary Vanstone	21.47.18 352C	HARS	_____	29	Daniel Sullivan	18.24.17 352G	COSS	_____
5	Daniel Pearce	21.39.08 352C	RURS	_____	30	Casper Whitewood	18.19.27 352D	TIGS	_____
6	Harry Poynter	21.10.46 352E	IOWS	_____	31	Charles Holyer	18.18.28 352E	FANS	_____
7	Sidney Collingwood	20.51.28 352C	FANS	_____	32	Oscar Dodds	18.15.58 352D	TIGS	_____
8	Theo McFadden	21.05.74I 352C	RURS	_____	33	Henry Plewes	18.10.21 352F	ALTS	_____
9	Jake Smith	20.35.97 352D	COSS	_____	34	Scott Campbell	18:26.28I 352G	BBFS	_____
10	Archie Thorman	20.02.77 352D	WCPS	_____	35	Matt Batchelor	18:25.33I 352F	RURS	_____
11	Ethan Payne	20.02.03 352D	PORS	_____	36	Charlie Hazell	18:24.90I 352F	RURS	_____
12	Adam Zakrzewski	19.52.40 352D	TIGS	_____	37	Edward Menlove	17.59.47 352G	WCPS	_____
13	William Nelson	19.33.74 352E	HARS	_____	38	Lewis Fenn	17.49.95 352H	BBFS	_____
14	James Dargan	19:46.21I 352E	RURS	_____	39	Cayden Guyett-Smith	17.48.27 352F	PORS	_____
15	Max Walton	19.27.88 352D	HARS	_____	40	William Tatton	17:58.47I 352H	RURS	_____
16	James Robertson	19.19.09 352G	IOWS	_____	41	Oscar Cawdron	17.37.95 352F	PORS	_____
17	Filip Nowacki	19.15.12 352C	JERS	_____	42	Liam Budd	17.36.84 352G	PORS	_____
18	Matthew Johnson	19.14.69 352E	WCPS	_____	43	Thomas Dickson	17.34.88 352F	FANS	_____
19	Alex Heath	19.13.39 352E	RURS	_____	44	Andrew Hooper	17:53.01I 352H	RURS	_____
20	George Lambert	19:28.20I 352E	FANS	_____	45	Marcus Scullion	17:49.87I 352G	PORS	_____
21	James Cummings-Candal	19.05.80 352E	PORS	_____	46	Rory Taylor	17.23.47 352H	FANS	_____
22	Samuel Bourns	19.02.72 352E	BBFS	_____	47	Isaac Dodds	16.27.57 352F	TIGS	_____
23	Liam Eagle	18.51.93 352G	BBFS	_____	48	Thomas Menlove	16.23.86 352H	WCPS	_____
24	Evan Harris	18.44.45 352G	COSS	_____	49	Pietro Forconi	16.12.16 352G	PORS	_____
25	Edward Hollands	18.43.85 352F	FANS	_____					